

In this lecture we look at Oral Administration (§ 5.3)

In oral administration, the drug has to pass through the gastro-intestinal (GI) tract before making it to the circulation. The drug concentration in the GI tract is governed by first-order kinetics:

$$(1) \quad \frac{dA_{GI}}{dt} = -k_a A_{GI},$$

← Not a compartment! !

where $A_{GI}(t = 0) = S \cdot F \cdot D$, where:

- S is the salt factor;
- F is the bioavailability – not all of the drug that passes the GI membrane
- D is the dose.

We solve (1) with the given initial conditions to get:

$$A_{GI}(t) = S \cdot F \cdot D e^{-k_a t} \quad (2)$$

Equation (2) then gets fed into a one-compartment model for the systemic circulation and tissue, all lumped together.

This manifests itself as an extra source term in the one-compartment model:

$$\frac{dA_B}{dt} = \left(\begin{array}{l} \text{Drug} \\ \text{into} \\ \text{Compartment} \end{array} \right) - \left(\begin{array}{l} \text{Drug out} \\ \text{of} \\ \text{compartment} \end{array} \right)$$

= Absorption - Elimination

$$= \underline{k_a A_{GI}} - k A_B$$

**NEW SOURCE
TERM**

Hence :

$$\frac{dA_B}{dt} = k \cdot A_{AI} - k A_B$$

Or :

$$\frac{dA_B}{dt} + k A_B = k_a (S.F.D) e^{-k_a t} \quad (3)$$

Eqn (3) can be solved using the integrating-factor technique. As such, multiply Eq. (3)

by $e^{k_a t}$:

$$e^{k_a t} \left(\frac{dA_B}{dt} + k A_B \right) = k_a (S.F.D) e^{(k-k_a)t}$$

L.H.S. can be re-written as :

$$\frac{d}{dt} (A_B e^{k_a t}).$$

So we have :

$$\frac{d}{dt} (A_B e^{k_a t}) = k_a (S.F.D) e^{(k-k_a)t}$$

Integrate :

$$A_B e^{k_a t} \Big|_0^t = k_a (S.F.D) \int_0^t e^{(k-k_a)t} dt$$

$$A_B e^{kt} \Big|_{t=0}^T = k_a (\text{S.F.D}) \int_0^T e^{(k-k_a)t} dt$$

$A_B(0) = 0$ (drug in GI tract up to $t=0$).

Hence:

$$A_B(t) e^{kt} = \frac{k_a (\text{S.F.D})}{k - k_a} \left[e^{(k - k_a)t} \right]_0^t$$

$$= \frac{k_a (\text{S.F.D})}{k - k_a} \left[e^{(k - k_a)t} - 1 \right]$$

Cancelling across my e^{kt} :

$$A_B(t) = \frac{k_a}{k - k_a} (\text{S.F.D}) \left[e^{-k_a t} - e^{-kt} \right] \quad (4)$$

5.3.2 Worked Example

The plasma concentration-time data for a drug administered to a healthy volunteer are shown in Table 5.1; the dose is $D = 100$ mg. Analyze the data and determine k , k_a . Take $S = 1$.

Time (h)	C_p (mg/L)
0	0
0.6	2.74
0.8	3.13
1	3.37
1.4	3.55
1.8	3.5
2	3.43
2.6	3.12
3	2.89
4	2.33
7	1.17
12	0.37

Table 5.1: Plasma concentration of a drug at various times after the administration of a 100-mg oral dose

Solution : We need first of all to convert the model (for A_B) into a plasma concentration (C_p). We introduce an "effective volume" such that :

$$\frac{\text{Amount of Drug in Body}}{\text{Effective Volume of Plasma}} = \frac{\text{Amount of Drug in Plasma}}{\text{True Volume of Plasma}}$$

OR

$$\frac{A_B}{V_d} = C_p.$$

The effective volume V_d is called the volume of distribution.

Referring back to Eqn(4), we have :

$$C_p(t) = \frac{k_a}{k_a - k} \frac{D}{V_d/F} \left(\bar{e}^{kt} - e^{kt} \right) \quad (5)$$

where we have taken $S = 1$.

We therefore have :

- A model, eq (5), with three parameters:

$$\underline{x} = (k_a, k, V_d/F)$$

- Data in table (Table 5.1)

We fit the model to the data using nonlinear least squares — like in the lectures on EPJ. We use a cost function:

$$\phi = \frac{V_d}{F}$$

$$\begin{aligned} J(\underline{x}) &= J(k_a, k, \phi) \\ &= \sum_{i=0}^n \left\{ \log [C_p^{\text{model}}(t_i) + \epsilon] - \log [C_p^{\text{data}}(t_i) + \epsilon] \right\}^2 \end{aligned}$$

where t_i is time in days.

Sample Matlab code is given in the typed notes, in listings:

```

1 function [ka,k,Vd,F]=get_params()
2
3 [t,data,Cp,data]=get_data();
4 % Dose is given.
5 D=100;
6
7 % Create an anonymous function handle to the MATLAB file.
8 f = @(x)mycost(x);
9
10 % Initial guess - ka,k,Vd,F
11 x0 = [2,0.1,20];
12
13 lb=[0,0, 0];
14 ub=[10,10,200];
15
16 options = optimoptions('fmincon','Display','iter');
17 [x, fval] = fmincon(f,x0,[],[],lb,ub,[],options);
18
19 ka=x(1);
20 k=x(2);
21 VdF=x(3);

```

Results:

Parameter	Value
k_a	1.50 hours ⁻¹
k	0.23 hours ⁻¹
V_d/F	20.0 L

} fitting Parameters

Table 5.2: Estimated values of k_a , k , and V_d/F for the one-compartment model (oral administration)

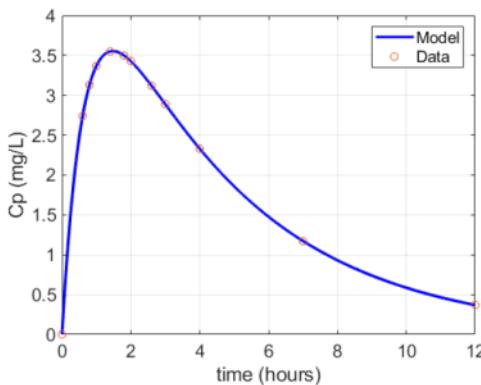


Figure 5.3: Concentration versus time curve

It is important to know what is the "area under the curve" (AUC) as it quantifies the total exposure of the patient to the drug:

$$A.U.C. = \int_0^{\infty} C_p(t) dt$$

$$A.U.C. = \frac{k_a}{k_a - k} \frac{D}{V_d/F} \left(\frac{1}{k} - \frac{1}{k_a} \right)$$

From the fitting parameters, we get :

From the fitting parameters, we get :

$$A.U.C. = 21.6 \text{ mg} \cdot \text{h/L}$$

The clearance is $k \times \text{Volume}$:

$$Cl = k V_d$$

Hence,

$$\frac{Cl}{F} = k \left(\frac{V_d}{F} \right)$$

From the fitting parameters,

$$\frac{Cl}{F} = 4.62 \text{ L/h}$$

