## Eccentric motion on a

Schwarzschild background:
Self-force in a modified Regge-Wheeler gauge

Seth Hopper - Albert Einstein Institute
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## Outline

- Gauge freedom on Schwarzschild
- Infinitesimal gauge transformations
- Lorenz gauge
- Modified Regge-Wheeler gauge


## Gauge freedom

- In GR, gauge freedom is coordinate freedom
- Zeroth order: use Schwarzschild coordinates
- First-order options:
- Lorenz
- Regge-Wheeler
- Modified Regge-Wheeler?


## Lorenz gauge

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& \square \bar{p}_{\mu \nu}+2 R_{\alpha \mu \beta \nu} \bar{p}^{\alpha \beta}=-16 \pi T_{\mu \nu}, \quad \bar{p}^{\mu \nu}{ }_{\mid \nu}=0
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- 10 coupled wave equations
- Locally isotropic solutions
- Regularization procedure in Lorenz gauge
- Other gauges may be possible ...


## Regge-Wheeler gauge

- Schematically: $p_{\mu \nu} \rightarrow \sum_{\ell, m} h_{\mu \nu}^{\ell m} Y^{\ell m}$
- Set four components of $h_{\mu \nu}^{\ell m}$ to zero
- Field equations simplify greatly:

$$
\left[-\frac{\partial^{2}}{\partial t^{2}}+\frac{\partial^{2}}{\partial r_{*}^{2}}-V_{\ell}(r)\right] \Psi_{\ell m}(t, r)=S_{\ell m}(t)
$$

- Reconstruct metric perturbation:

$$
\Psi_{\ell m}(t, r) \rightarrow p_{\mu \nu}
$$

## RW gauge fields: odd-parity

- Two non-vanishing amplitudes: $h_{t}^{\ell m}, h_{r}^{\ell m}$



## RW gauge fields: even-parity

- Four non-vanishing amplitudes: $h_{t t}^{\ell m}, h_{t r}^{\ell m}, h_{r r}^{\ell m}, K^{\ell m}$

$$
(\ell, m)=(2,2)
$$






## Benefits and drawbacks of RW gauge

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- Simple field equations
- Computationally efficient


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- Benefits:
- Simple field equations
- Computationally efficient
- Drawbacks:
- Only valid for radiative modes, $\ell \geq 2$
- Singularities/discontinuities at the particle
- Self-force not well-defined

A regular, well-defined self-force

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- "Gravitational self force and gauge transformations"


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\delta F_{\mathrm{self}}^{\alpha}=-\mu\left[\left(g^{\alpha \beta}+u^{\alpha} u^{\beta}\right) \ddot{\Xi}_{\beta}+R^{\alpha}{ }_{\mu \beta \nu} u^{\mu} \Xi^{\beta} u^{\nu}\right]
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- SF is well-defined if and only if $\delta F_{\text {self }}^{\alpha}$ relative to Lorenz gauge is
- If vector $\Xi^{\mu}$ is well-defined, the SF will be also
- Then, regularization is done with Lorenz gauge parameters $A^{\alpha}, B^{\alpha}, C^{\alpha}, D^{\alpha}$


## First-order gauge transformations

- Transform from RW to Lorenz gauge:

$$
x_{\mathrm{L}}^{\mu}=x_{\mathrm{RW}}^{\mu}+\Xi_{\mathrm{RW} \rightarrow \mathrm{~L}}^{\mu}, \quad\left|\Xi_{\mathrm{RW} \rightarrow \mathrm{~L}}^{\mu}\right| \sim\left|p_{\mu \nu}\right| \ll\left|g_{\mu \nu}^{\mathrm{Schw}}\right|
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- Metric perturbation transforms:

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p_{\mu \nu}^{\mathrm{L}}=p_{\mu \nu}^{\mathrm{RW}}-\Xi_{\mu \mid \nu}^{\mathrm{RW} \rightarrow \mathrm{~L}}-\Xi_{\nu \mid \mu}^{\mathrm{RW} \rightarrow \mathrm{~L}}
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- Gauge vector satisfies a wave equation:

$$
\square \Xi_{\mathrm{RW} \rightarrow \mathrm{~L}}^{\mu}=\bar{p}_{\mathrm{RW} \mid \nu}^{\mu \nu}
$$

## RW->Lorenz gauge vector: odd-parity

- Transform the global solution, mode-by-mode



## Lorenz gauge fields: odd-parity

- Amplitudes are now $C^{0}$ and asymptotically flat



# Benefits/drawbacks of global gauge transf. 

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- Benefits:
- Gives the solution, everywhere in Lorenz gauge
- Gives solution to low-order modes
- Drawbacks:
- Computationally difficult and expensive
- Discontinuous, extended source terms
- Excessive, if you just want the self-force


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Remove major discontinuities

$$
\Xi_{\mathrm{RW} \rightarrow \mathrm{~L}}^{\mu}=
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Smooth enough to ignore

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- Decompose into spherical harmonics, e.g.

$$
h_{t}^{\ell m, \mathrm{MRW}}=h_{t}^{\ell m, \mathrm{RW}}-\partial_{t} \xi_{\mathrm{odd}}^{\ell m}
$$

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- We demand $\llbracket h_{t}^{\ell m, \mathrm{MRW}} \rrbracket=\llbracket h_{t}^{\ell m, \mathrm{~L}} \rrbracket=0$


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Restriction on the gauge vector

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- Restrictions on $\llbracket \xi_{\text {odd }}^{\ell m} \rrbracket, ~ \llbracket \partial_{t} \xi_{\text {odd }}^{\ell m} \rrbracket, \llbracket \partial_{r} \xi_{o d d}^{\ell m} \rrbracket$
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- Away from the particle, no restrictions
- A possible vector:

$$
\xi_{\mathrm{odd}}^{\ell m}(t, r)=\left(r-r_{p}\right) \llbracket h_{r}^{\ell m, \mathrm{RW}} \rrbracket \theta\left[r-r_{p}\right]
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## Metric perturbation in modified RW gauge

$$
\left(p, e, t_{p}\right)=(8.75455,0.764124,80.17) \quad(\ell, m)=(2,1)
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## Even-parity gauge vector

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- But we can do better


## Extending the modified RW gauge

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Restriction on the gauge vector
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## Updated gauge vector: odd-parity

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- Modified RW gauge will have the same discontinuities as Lorenz gauge, to arbitrary orders of discontinuity


## Where does this leave us?

- SF is well-defined if and only if $\delta F_{\text {self }}^{\alpha}$ is also
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- SF is well-defined if and only if $\delta F_{\text {self }}^{\alpha}$ is also
- If vector $\Xi^{\mu}$ is well-defined, the SF will be also
- We can make the gauge vector $\Xi_{\mathrm{MRW} \rightarrow \mathrm{L}}^{\mu}$ as smooth as necessary

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## Preliminary results

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- Working on the conservative SF
- Want same value on both sides of particle
- If not, why not?
- Non-radiative modes should follow from a "Modified Zerilli gauge"
- Solving field equations in Mathematica yields high (theoretically arbitrary) accuracy


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- Local singularities make a "well-defined" selfforce impossible in this gauge
- Global gauge transformations to Lorenz are possible but difficult
- Modified RW gauge (hopefully) yields a way to find the self-force with no extra computational cost

