## Self-force loops

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## The problem

We wish to determine the self-forced motion and field (e.g. energy and angular momentum fluxes) of a particle with scalar charge

$$
\square \psi^{\mathrm{ret}}=-4 \pi q \int \delta^{(4)}(x-z(\tau)) d \tau
$$

2 general approaches:

- Compute enough "geodesic"-based self-forces and then use this to drive the motion of the particle. (Post-processing, fast, accurate self-forces, relies on slow orbit evolution)
- Compute the "true" self-force while simultaneously driving the motion. (Slow and expensive, less accurate self-forces)


## Effective source

... is a general approach to self-force and self-consistent orbital evolution that doesn't use any delta functions.

Key ideas

- Compute a regular field, $\psi^{\mathrm{R}}$, such that the self-force is

$$
F_{\alpha}=\left.\nabla_{\alpha} \psi^{\mathrm{R}}\right|_{x=z}
$$

where $\psi^{\mathrm{R}}=\psi^{\text {ret }}-\psi^{\mathrm{S}}$, and $\psi^{\mathrm{S}}$ can be approximated via local expansions: $\psi^{\mathrm{S}}=\tilde{\psi}^{\mathrm{S}}+O\left(\epsilon^{n}\right)$.

- The effective source, $S$, for the field equation for $\psi^{\mathrm{R}}$ is regular at the particle location.

$$
\square \psi^{\mathrm{R}}=\square \psi^{\mathrm{ret}}-\square \psi^{\mathrm{S}}=S(x \mid z, u)
$$

where $\square \psi^{\mathrm{S}}=-4 \pi q \int \delta^{(4)}(x-z(\tau)) d \tau-S$.

## Evolution code

- A 3D multi-block scalar wave equation code.
- Schwarzschild background spacetime in Kerr-Schild coordinates.
- Spherical inner boundary placed inside the black hole.
- We use 8th order summation by parts finite differencing and penalty boundary conditions at patch boundaries.
- We can evolve the orbit using the geodesic equations directly as well as using the osculating orbits framework.
- We use hyperboloidal slicings and place $\mathcal{J}^{+}$at a finite coordinate radius.
- We extract the self-force by interpolation of $\nabla_{\beta} \psi^{\mathrm{R}}$ to the particle location and calculate energy and angular momentum fluxes through the horizon and $\mathcal{J}^{+}$.


## $e-p$ parametrization of the motion



- A bound orbit can be specified by its eccentricity $(e)$ and semi-latus rectum ( $p$ ):

$$
r_{1}=\frac{p M}{1+e}, \quad r_{2}=\frac{p M}{1-e}
$$

where $r_{1}$ and $r_{2}$ are the turning points of the radial motion.

- $e=0$, stable circular orbits
$p=6+2 e$, (separatrix), unstable circular orbits
$0 \leq e<1, p \geq 6+2 e$, bound orbit


## Comparison with $(1+1)$ results

$$
e=0.1, p=9.9
$$






## Comparison with $(1+1)$ results

$$
e=0.3, p=7.0
$$






## Comparison with $(1+1)$ results

$$
e=0.5, p=7.2
$$






## Energy and angular momentum losses

The dissipative pieces of the self force

$$
\begin{aligned}
F_{t}^{\mathrm{diss}}\left(r_{o}+\Delta r_{p}\right) & =\frac{1}{2}\left[F_{t}^{\mathrm{ret}}\left(r_{o}+\Delta r_{p}\right)+F_{t}^{\mathrm{ret}}\left(r_{o}-\Delta r_{p}\right)\right] \\
F_{\phi}^{\mathrm{diss}}\left(r_{o}+\Delta r_{p}\right) & =\frac{1}{2}\left[F_{\phi}^{\mathrm{ret}}\left(r_{o}+\Delta r_{p}\right)+F_{\phi}^{\mathrm{ret}}\left(r_{o}-\Delta r_{p}\right)\right]
\end{aligned}
$$

In terms of which the energy and angular momentum losses are

$$
\begin{aligned}
-\Delta \mathcal{E} & =\Delta u_{t}
\end{aligned}=2 \int_{r_{\min }}^{r_{\max }} \frac{F_{t}^{\mathrm{diss}}}{u^{r}} d r .
$$

## Energy and angular momentum losses

Energy and angular momentum fluxes through the horizon and $\mathcal{J}^{+}$.

$$
\begin{array}{rlrl}
\left.\frac{d E}{d t}\right|_{\mathcal{H}} & =-\frac{M^{2}}{\pi} \oint_{r=2 M}\left(\frac{\partial \phi}{\partial t}\right)^{2} d \Omega, & \left.\frac{d L}{d t}\right|_{\mathcal{H}} & =-\frac{M^{2}}{\pi} \oint_{r=2 M} \frac{\partial \phi}{\partial t}\left(x \partial_{y} \phi-y \partial_{x} \phi\right) d \Omega . \\
\left.\frac{d E}{d \tau}\right|_{\mathcal{J}^{+}}=-\frac{\rho_{\mathcal{J}+}^{2}}{4 \pi} \oint_{\rho=\rho_{\mathcal{J}^{+}}}\left(\frac{\partial \hat{\phi}}{\partial \tau}\right)^{2} d \Omega, & \left.\frac{d L}{d \tau}\right|_{\mathcal{J}^{+}}=-\frac{\rho_{\mathcal{J}}^{2}}{4 \pi} \oint_{\rho=\rho_{\mathcal{J}}+} \frac{\partial \hat{\phi}}{\partial \tau}\left(\hat{x} \partial_{\hat{y} \hat{y}} \hat{\boldsymbol{y}} \hat{\partial} \hat{\hat{x}}\right) d \Omega .
\end{array}
$$

Results:

| $p$ | $e$ | $10^{4}\langle\dot{\mathcal{E}}\rangle$ |  | $10^{3}\langle\dot{\mathcal{L}}\rangle$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Self-force | Flux | Self-force | Flux |
| 9.9 | 0.1 | -0.32880 | -0.32887 | -1.01025 | -1.01020 |
| 7.0 | 0.3 | -1.6716 | -1.6715 | -2.6256 | -2.6252 |
| 7.2 | 0.5 | -1.9682 | -1.9678 | -2.5867 | -2.5863 |

## Self-force loops $\left(F_{t}\right)$



$$
F_{t}^{\mathrm{diss}}\left(r_{o}+\Delta r_{p}\right)=\frac{1}{2}\left[F_{t}^{\mathrm{ret}}\left(r_{o}+\Delta r_{p}\right)+F_{t}^{\mathrm{ret}}\left(r_{o}-\Delta r_{p}\right)\right]
$$

## Self-force loops $\left(F_{\phi}\right)$



$$
F_{\phi}^{\mathrm{diss}}\left(r_{o}+\Delta r_{p}\right)=\frac{1}{2}\left[F_{\phi}^{\mathrm{ret}}\left(r_{o}+\Delta r_{p}\right)+F_{\phi}^{\mathrm{ret}}\left(r_{o}-\Delta r_{p}\right)\right]
$$

## Self-force loops $\left(F_{r}\right)$



$$
F_{r}^{\mathrm{cons}}\left(r_{o}+\Delta r_{p}\right)=\frac{1}{2}\left[F_{r}^{\mathrm{ret}}\left(r_{o}+\Delta r_{p}\right)+F_{r}^{\mathrm{ret}}\left(r_{o}-\Delta r_{p}\right)\right]
$$

## Self-force loops (movies)



## Conclusions and future work

Conclusions

- We get agreement to better than $1 \%\left(F_{t}\right.$ and $\left.F_{r}\right)$ and $0.1 \%$ $\left(F_{\phi}\right)$ for the extracted self-force for eccentric orbits.
- The internal consistency checks for energy and angular momentum losses are good ( $0.02 \%$ for $E$ and $0.015 \%$ for $L$ ).
- The self-force loops is a new way of plotting self-force data for eccentric orbits, that may help provide physical insights.
Future work.
- In order to compare with the "geodesic evolutions" we need to increase the accuracy by using a smoother effective source (this seems feasible now after recent optimizations to the effective source routine).
- We would probably also have to add the acceleration dependence to the effective source (see Heffernan's talk).
- Generalization to a scalar charge around a Kerr black hole.
- Generalization to the gravitational case.

